



## Resources to Stay “In The Know” ... ...and SCALE In 2020

### Have you decided to keep growing, expanding, scaling your business and making money through the crisis?

Us, too! Which is why we'll be posting daily content in our Facebook groups...

Offers & Messaging to Attract Ultra-Premium Clients ==>

<https://www.facebook.com/groups/UltraPremiumClientAttraction/>

Scale Without Sales Calls (for income levels of 6-figures and up, ONLY) ==>

<https://www.facebook.com/groups/scalewithoutsalescalls>

Highest Level Co-Creators (for advanced manifesting, mindset and money attraction work) ==>

<https://www.facebook.com/groups/highestlevelcocreators/>

### Helpful Links re: the Pandemic...

Coronavirus by the numbers - useful for tracking the rate of increase

<https://www.worldometers.info/coronavirus/>

Interactive Map

<https://www.bing.com/covid>

Our favorite response from the Transformational Leadership community so far. From Stephen Dinan of the Shift Network.

<https://blog.theshiftnetwork.com/blog/pandemic-preparation-and-positive-steps-take>

On social distancing and why it's critical...

<https://www.newsweek.com/young-unafraid-coronavirus-pandemic-good-you-now-stop-killing-people-opinion-1491797>

Andy why you must act now...

<https://medium.com/@tomaspueyo/coronavirus-act-today-or-people-will-die-f4d3d9cd99ca>

(Both of the above are quoted in Stephen Dinan's article.)

Why outbreaks like corona expand exponentially, and the case for NOT mandatory quarantining (and instead having peeps do it voluntarily)

<https://www.washingtonpost.com/graphics/2020/world/corona-simulator/>

The math behind the case for social distancing - a must-read

[https://medium.com/@Jason\\_Scott\\_Warner/the-sober-math-everyone-must-understand-about-the-pandemic-2b0145881993](https://medium.com/@Jason_Scott_Warner/the-sober-math-everyone-must-understand-about-the-pandemic-2b0145881993)

Another from a naturopath on the energetic of it all...



<https://www.naturecodecommunity.com/blog/covid-19-the-energetics-of-a-pandemic>

Our brains on coronavirus (critical decision-making and how to do it)...

<https://www.cnn.com/2020/03/13/opinions/coronavirus-neuroscience-brain-decisions-sapolsky/index.html>

Supplements and stocking up... (a great question and useful thread from Ali Katz)

<https://www.facebook.com/aliearthshanti/posts/3683752138334100>

Sleep and how to get it (sleep is KEY for boosting your immunity)

<https://foodrevolution.org/blog/how-to-sleep-better-with-diet-and-lifestyle/>

For parents who are faced with the prospect of homeschooling for the first time... (!)

List of education companies offering free subscriptions.

<https://kidsactivitiesblog.com/135609/list-of-education-companies-offering-free-subscriptions/>

Including Scholastic: <https://www.cnn.com/2020/03/15/us/scholastic-coronavirus-students-trnd/index.html>

How to Homeschool – tips from the awe-mazing Jenny Fenig

<https://www.facebook.com/jennyafenig/videos/10163365273235654/>

Practical steps you can take to shore up your biz foundation – from Jennifer Longmore

<https://www.facebook.com/jlongmore/posts/10156861685905778>

Pandemic Financial Report – Explanation and Action – from Linda P. Jones

<https://www.lindapjones.com/coronavirus-financial-report-explanation-and-action/>

This can be our finest hour (Me: 1000%)

<https://grownandflown.com/finest-hour-covid-19/>

Some GOOD NEWS!

<https://jamesaltucher.com/blog/good-news-coronavirus/>

For a little levity...

<https://www.youtube.com/watch?v=bQgRBnqpoQw>